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(Original Signature of Member)

116TH CONGRESS
1ST SESSION

H. RES. _____

Recognizing addiction as a disease and supporting efforts to prevent, treat,
and destigmatize substance use disorder and addiction.

IN THE HOUSE OF REPRESENTATIVES

Ms. CLARK of Massachusetts submitted the following resolution; which was
referred to the Committee on _____

RESOLUTION

Recognizing addiction as a disease and supporting efforts
to prevent, treat, and destigmatize substance use dis-
order and addiction.

Whereas substance use disorder is a diagnosis made based on
a checklist of symptoms, is specific to the substance used,
and may be mild, moderate, or severe;

Whereas the American Society of Addiction Medicine defines
“addiction” as a chronic medical disease involving com-
plex interactions among brain circuits, genetics, the envi-
ronment, and an individual’s life experiences;

Whereas people with addiction use substances or engage in
behaviors that become compulsive and often continue de-

spite harmful consequences, symptoms that correspond to a moderate or severe substance use disorder;

Whereas recognizing addiction as a disease helps to destigmatize substance use disorder and addiction and acknowledges that substance use may be beyond an individual's control;

Whereas certain factors place individuals at heightened risk of developing addiction;

Whereas an individual's environment and surroundings may intensify the risk of developing a substance use disorder;

Whereas addiction may impact the mental and physical health of an individual, and mental and physical health disorders may contribute to substance use;

Whereas diagnosing substance use and mental health disorders is a complex process that requires consultation with appropriate professionals and experts;

Whereas substance use by an individual with addiction may dominate all aspects of that individual's life and, therefore, the biological, psychological, and social aspects of individuals diagnosed with substance use disorder should be treated and addressed through a mutually agreed-upon plan of action to accommodate the individual needs of the patient;

Whereas treatment approaches for substance use disorder that target the symptoms and drivers of alcohol and drug use, as well as the mental health effects of such use, are needed;

Whereas treatment approaches for substance use disorder that address the biological, psychological, and social aspects of the disorder are necessary for individuals to make a full recovery;

Whereas while some treatment options may differ for different substance use disorders, other interventions such as motivational interviewing and cognitive-behavioral therapy are effective regardless of the substance or behavior; and

Whereas individuals with substance use disorder may lack financial, social, emotional, or other resources necessary to secure treatment, even if such individuals recognize the need for treatment: Now, therefore, be it

1 *Resolved*, That the House of Representatives—

2 (1) recognizes addiction as a treatable, chronic
3 medical disease involving complex interactions
4 among brain circuits, genetics, the environment, and
5 an individual's life experiences;

6 (2) supports evidence-based treatment approaches for substance use disorder that address the
7 biological, psychological, and social aspects of the
8 disorder; and
9 disorder; and

10 (3) supports efforts to prevent and destigmatize
11 substance use disorder and addiction.